

RESPONDING TO CARER STRESS & RESTRICTIVE PRACTICES IN HOME CARE



A FREE online workshop on working with older people, their families and carers



This 90 minute workshop recognises that family and friend carers play a vital role in supporting safe, positive ageing. Restrictive practices can arise from stress, lack of awareness, and fear, rather than any intent to harm.

Join us to learn how to identify and respond to carer stress, and explore practical ways to reduce the risk of restrictive practices.

When: Tuesday 22 September, 2 pm to 3:30 pm (AEDT)

Facilitator: Wendy Hill, Carers NSW

Cost: FREE for CHSP & other aged care staff & volunteers

Online via **Zoom** (link to follow)



Register here



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